

CT Exam Preparation

- All patients will complete a *Patient Information and Consent for Enhanced CT* form.
- Patients requiring an injection of **CT contrast** for enhanced studies should be evaluated for renal function by the referring physician. A creatinine level may be required within 30 days prior to scheduling the exam if there is any question
- If the patient is diabetic please call (780) 444-5652 for instruction.
- Patients may be required to change into a patient gown depending on the examination type.
- Patients requiring an injection of CT contrast should have no solid food for 4 hours prior to the CT scan.

Please note that all relevant reports should be faxed to the clinic immediately and previous X-ray/US/CT/MRI films must accompany the patient or be forwarded to the clinic prior to the appointment. Any relevant films that are not received may cause a delay in the reporting.

Coronary CT
Angiography



Please read and follow CT contrast instructions above.
No caffeine or exercise the morning of exam.
Beta-blocker medication (Metoprolol) is necessary to slow your heart rate prior to the exam. Please take this as directed (usually 1 pill the night before and 1 pill the morning of the exam)

Brain
Spine
Extremities



Patient should not eat 1 hour prior to exam.

Chest
Thorax
Abdomen
Pelvis



Patient should not eat or drink 4 hours prior to the exam.
All patients for CT abdomen or abdomen and pelvis exams must arrive 45 minutes prior to their appointment to drink oral contrast.

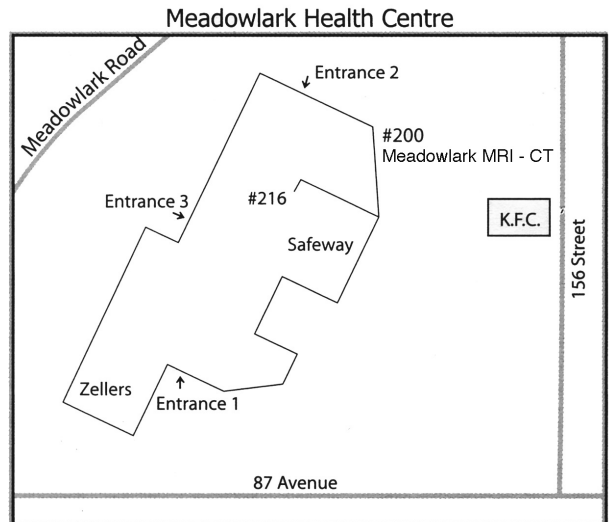
Virtual
Colonoscopy



Two days before the exam, you will be provided with a kit that includes a low-fibre diet and medication to assist bowel cleansing. Simply follow the provided instructions and you are ready for the exam.

Medications (except Glucophage/Metformin) may be taken as usual.

*Diabetic patients taking Glucophage or Metformin must consult with their doctor prior to and after the CT scan appointment.



Please bring this signed request with you. If you are unable to keep your appointment, please telephone to reschedule or cancel it.